



## Bible Diet, an Apple a Day 2: Soups, Salads and More (Paperback)

By J Z Parker

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.At the moment, 2/3 of Americans over the age of 20 are obese. In UK, the government is considering declaring obesity as a disability. The above statistics are very scary yet intriguing. There are 7.1 million deaths worldwide resulting from heart disease. That is greater than the population of some countries. A few years back 7.9 million deaths were due to cancer. In a few years it is estimated that cancer will claim 11million lives per year. In the year 2031, 336 million people worldwide will be diabetic. The above statistics are very scary yet intriguing. It has aroused my curiosity so much so that I became fascinated with the Biblical Methuselah. There is a dynamic interplay in the story of Methuselah that has intrigued me recently. He chose, prepared, and consumed his foods like Adam--and like Adam he lived long, even longer than Adam. Methuselah's age as recorded in the Bible has become the stuff of trivia, and debate. Have you ever wondered why he was the one who lived the longest? Like Adam, he lived a very long life.

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