



Energy Medicine in Cfq Healing: Healing the Body, Transforming Consciousness

By Soon-Yeong Yap

iUniverse. Paperback. Condition: New. 418 pages. Dimensions: 8.8in. x 6.0in. x 1.2in. Energy Medicine in CFQ Healing describes holistic energy medicine focused on our inherent healing powers as revealed by an experiential study of traditional Eastern medicine, ancient Qigong meridian healing and Buddhist meditation practices. It clarifies the true nature of healing and recovery. To be free of suffering and pain requires the body to become relaxed with a healthy energy flow, and the minds conflicts replaced by peace and a harmonious consciousness. Health providers, therapists and their clients have personally benefited from CFQ training-in-healing. Fred P. Gallo, Ph. D. (author of Energy Psychology in Psychotherapy) says: Energy Medicine in CFQ Healing is the most thorough statement of this dynamic approach to emotional and physical healing. Written by Master Yap with Dr. Chok C. Hiew, psychologist and devoted student of CFQ, this text and workbook shares the spiritual healing journey of Master Yap and provides detailed instruction in the application of the energy-consciousness approach through specific Qigong exercises that promote freeing your mind and healing the body. The spirit behind this book is: To be well is a basic birthright. To lay claim to health and wellness, simply move in to...



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