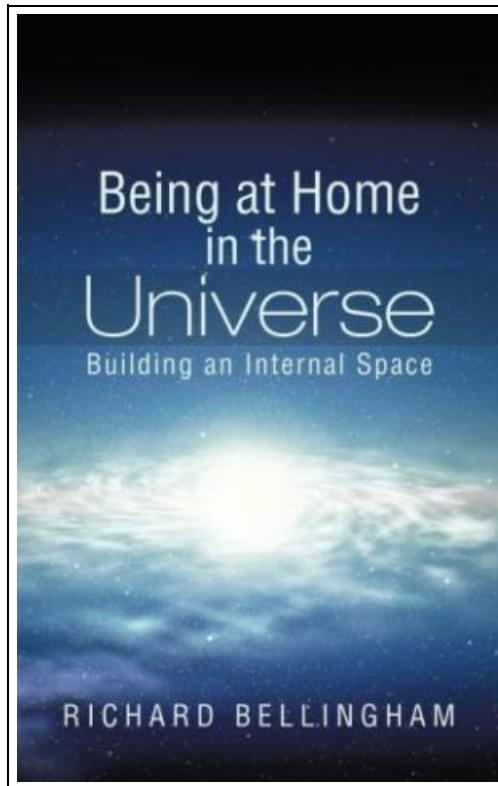


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iUniverse, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.T. S. Elliot wrote: At the still point of the turning world. Neither flesh nor fleshless; Neither from nor towards; at the still point, there the dance is, Except for the point, the still point. There would be no dance, and there is only the dance. This book talks about the still point in an entirely new way by framing it as our internal home. It also provides a path to coming home based on extensive research and personal experience. If you are interested in the dance of spiritual transformation, this is a must read. -Barry Cohen, Ph.D. Dr. Bellingham enlightens the reader by sharing his personal life experiences in an extraordinarily meaningful context. He bridges the divide between eastern and western thought to form one fully human message. He has the rare ability to satisfy and integrate our intellectual curiosity with our search for spiritual fulfillment. -Bill O'Brien, Ph.D. Having known the author for over 40 years, and witnessing many aspects of his spiritual journey, I highly recommend this book for anyone who continues to strive to find his inner self, or to be HOME. My own quest for SERENITY has been enriched by reading this book, and by witnessing Dr. Bellingham's life-long desire to find inner peace. We can indeed transform our lives from a mindless drill to a mindful dance with enough work, desire and by digesting the thoughts expressed in this wonderful accounting of the author's life and experiences. -Ronald Irwin M.D. This is coming-to-wisdom story with hope for us all. This tale is all personal, with regular bits of carefully crafted ways to grasp the most elusive thoughts of the...

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