



## AIDS Trauma and Support Group Therapy: Mutual Aid, Empowerment, Connection

By Martha A. Gabriel

Free Press. Paperback. Book Condition: New. This item is printed on demand. Paperback. 224 pages. Support groups for people with AIDS have proliferated, but there hasn't been a handbook for AIDS group work for the mental health professional, until now. AIDS Trauma and Support Group Therapy by Martha Gabriel is the first book to offer practitioners and students in training the essential practice knowledge and theory about planning, forming and facilitating support groups for people living with AIDS/HIV. Dr. Gabriel, a leading expert and former senior clinical group supervisor at Gay Mens Health Crisis in New York City, empowers clinicians to effectively harness the enormous resource of support groups for people with AIDS/HIV. By emphasizing the traumatic aspects of AIDS, the book provides a deep understanding of the psychological issues individuals with AIDS bring to the group. Gabriel introduces a new framework for understanding trauma along with rich practice examples from diverse PWA groups. The reader learns how to deal effectively with issues unique to AIDS/HIV clients including social stigma, confidentiality and disclosure, rational suicide and suicidality related to psychiatric disturbance, dementia, and tuberculosis among group members. Dr. Gabriel addresses special considerations in group formation, issues for group therapists in...

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